



Optional Activities

Below are some suggestions proposed to our participants by the cultural association “L’Isola che Vorrei” in Cagliari, which provides cultural activities and tours around Cagliari and surroundings. Please note that these activities are proposed at an extra cost beyond conference fees and each has a minimum number of participants necessary in order to finalize the initiative. For information and to participate in one of the tours please contact info@sardiniamagicexperience.com. You can visit the association’s website at www.sardiniamagicexperience.com.

Thursday morning, Sept. 24th

Visit with wine tasting to Cantine Argiolas

Serdiana, at about 20 km from Cagliari, is home to one of the most famous and important wineries in Sardinia, Cantine Argiolas, well-known for wines such as Turriga, Perdera, Costamolino and Korem. During the visit you will discover the origins of the Argiolas family and the different processing techniques used to produce wine. After visiting the rooms that house barrels and fermenting juice, you will taste some of the best Sardinian wines in combination with excellent local products.

Price: 50 euro per person

Minimum number of participants: 25

Friday evening, Sept. 25th

Aperitif at the Sella del diavolo at Sunset

The small beach of Calamosca, beloved by the natives of Cagliari, far from the overcrowded Poetto beach, will be the ideal place to spend your time before starting the path that will lead us up to the Devil’s Saddle, whose sinuous profile identifies the skyline of Cagliari.

At sunset, walking on the chalky rocks, surrounded by lentiscus and euphorbia bushes, we will be delighted by stunning views of the Gulf of the Angels and of the city of Cagliari and we will come across roman cisterns, defensive towers and forts, while looking for the temple of Astarte before having a delicious Sardinian happy hour in a marvelous setting.

Price: 15 euro per person

Minimum number of participants: 25



28 September: Barumini + Giara di Gesturi e visit to cheese dairy – full day

A few steps away from the village of Barumini and the Giara park you will admire “Su Nuraxi,” an archaeological site discovered and brought to light during the 50’s by the Sardinian archaeologist Giovanni Lilliu. The nuraghe, recognized as the biggest megalithic monument in Europe, stands out in the island landscape guarding thousand-year-old stories, legends and mysteries.

Retracing the paving stones of the ancient Nuragic area of Barumini we will explore the ancient village of huts and then enter into the central tower, a symbol of power and home of magical rituals to experience a special feeling full of charm.

Then we will reach Casa Zapata, a noble ancient residence of the Sardinian-Aragonese barons, built on an old Nuragic building, nowadays hosting a small Archaeological Museum. Last but not least, we will reach the Giara of Gesturi, a basaltic promontory where, immersed in the maquis, live the only wild horses you can find in Europe.

After that we will move to the milk dairy Antonio Garau, in Mandas, important rural and pastoral centre of the Trexenta region, in the South of Sardinia. Trexenta is a hilly region, with big plateaus where there have always been many herds of sheep.

During the visit you will find out more about this ancient milk dairy and the procedure to make traditional Sardinian cheese, before having the chance to taste it together with local wine and traditional bread.

Costo a persona: 50,00 euro

Minimo 25 partecipanti
